

Name _____

Date _____

Skills, Aptitudes and Interests



Identifying Skills

A skill is something that you can do. All jobs require at least one skill. A skill is learned and, with training and practice, can be improved. Most skills relate to more than one job.

A. Place a check (✓) beside the activities that you believe are skills:

- | | |
|---|---|
| <input type="checkbox"/> 1. Typing | <input type="checkbox"/> 6. Making change |
| <input type="checkbox"/> 2. Working with kids | <input type="checkbox"/> 7. Using a computer |
| <input type="checkbox"/> 3. Drawing a picture | <input type="checkbox"/> 8. Talking on the phone |
| <input type="checkbox"/> 4. Swimming | <input type="checkbox"/> 9. Playing an instrument |
| <input type="checkbox"/> 5. Being outdoors | <input type="checkbox"/> 10. Writing |

B. Place a check (✓) by the skills you possess. Then, identify a possible job for each skill you believe you possess.

<u>Skills</u>	<u>Possible Jobs</u>
<input type="checkbox"/> Typing	_____
<input type="checkbox"/> Using Equipment	_____
<input type="checkbox"/> Swimming	_____
<input type="checkbox"/> Fixing Hair	_____
<input type="checkbox"/> Arranging Flowers	_____
<input type="checkbox"/> Cooking	_____
<input type="checkbox"/> Playing an Instrument	_____
<input type="checkbox"/> Driving a Car	_____
<input type="checkbox"/> Using a Computer	_____
<input type="checkbox"/> Drawing	_____

Identifying Aptitudes

Aptitude is a knack or potential for learning a certain skill. It is sometimes called a natural talent, an ability to do something well with little or no training and/or practice. For example, some professional athletes have a lot of aptitude for their sport. Sports commentators often refer to highly talented athletes as being a "natural."

A. Place a check (✓) beside the tasks that you believe are aptitudes:

- | | | | | | |
|--------------------------|----|----------------------|--------------------------|-----|-------------------------|
| <input type="checkbox"/> | 1. | Math | <input type="checkbox"/> | 6. | Traveling |
| <input type="checkbox"/> | 2. | Fixing Small Engines | <input type="checkbox"/> | 7. | Typing |
| <input type="checkbox"/> | 3. | Doing Crossword | <input type="checkbox"/> | 8. | Learning New Words |
| <input type="checkbox"/> | 4. | Filing | <input type="checkbox"/> | 9. | Shooting Foul Shots |
| <input type="checkbox"/> | 5. | Reading a Book | <input type="checkbox"/> | 10. | Doing minor car repairs |



B. Place a check (✓) by the aptitudes you feel you have. Then identify a possible job for each identified aptitude.

<u>Aptitudes</u>	<u>Possible Jobs</u>
<input type="checkbox"/> Mathematics	_____
<input type="checkbox"/> Language	_____
<input type="checkbox"/> Puzzles	_____
<input type="checkbox"/> Sports	_____
<input type="checkbox"/> Fixing Things	_____
<input type="checkbox"/> Drawing	_____
<input type="checkbox"/> Music	_____
<input type="checkbox"/> Other:	_____
<input type="checkbox"/> Other:	_____



Identifying Interests

Interests are things you enjoy doing the most.

A. Place a check (✓) beside the things in which you are interested.

- | | | | | | |
|--------------------------|----|-----------------------|--------------------------|-----|-------------------|
| <input type="checkbox"/> | 1. | Typing 40 wpm | <input type="checkbox"/> | 6. | Being outdoors |
| <input type="checkbox"/> | 2. | Playing an instrument | <input type="checkbox"/> | 7. | Working with Data |
| <input type="checkbox"/> | 3. | Reading Mysteries | <input type="checkbox"/> | 8. | Playing Sports |
| <input type="checkbox"/> | 4. | Traveling | <input type="checkbox"/> | 9. | Dancing |
| <input type="checkbox"/> | 5. | Working with Children | <input type="checkbox"/> | 10. | Card Games |

B. Match the interest with the best job.

- | <u>Interests</u> | <u>Jobs</u> |
|----------------------------|---------------------|
| _____ Working with People | a. Accountant |
| _____ Working with Numbers | b. Carpenter |
| _____ Being Outdoors | c. Salesman |
| _____ Traveling | d. Forest Ranger |
| _____ Working with Tools | e. Flight Attendant |

C. Place a check (✓) by your interests. Then identify a possible job for each identified interest.

- | <u>Interests</u> | <u>Possible Jobs</u> |
|--|----------------------|
| <input type="checkbox"/> Being Outdoors | _____ |
| <input type="checkbox"/> Working with People | _____ |
| <input type="checkbox"/> Working with Data | _____ |
| <input type="checkbox"/> Working with Tools | _____ |
| <input type="checkbox"/> Playing Sports | _____ |
| <input type="checkbox"/> Drawing | _____ |
| <input type="checkbox"/> Other: | _____ |