

Name _____

Date _____

Three Career Choices



Introduction: At this point in your high school career you should be able to identify three career goals or paths which match your interests, aptitudes and abilities.

Directions: Answer the questions below.

Interests are things a person enjoys doing. What really interests you? What hobbies do you have? What is your life style? List your top three interests.

Aptitude is the readiness to become proficient in a type of activity, given the opportunity. It is a knack or potential for learning a certain skill. Aptitude is a natural or acquired talent or ability. List your top three aptitudes.

Ability is the quality of being able to do something; physical, mental, financial. Abilities are also known as skills. List your top three abilities.

Values refer to how you feel about the work itself and the contribution it makes to society. List your top three values.

Careers

List three career goals or paths and tell why they were chosen.

Career Goal or Path #1:

Why it was chosen:

Career Goal or Path #2:

Why it was chosen:

Career Goal or Path #3:

Why it was chosen:

Matching Careers

How well do your chosen career goals match your interests, aptitudes and abilities? Explain how these areas match or do not match your three career goals.