

Name \_\_\_\_\_

Date \_\_\_\_\_

## Taking an Inventory of Your Life



<p>What are some of the roles you might have during your lifetime? Make a list of your current and future roles.</p> <p>Current</p> <p>Future</p>	<p>How might your personality traits impact your career?</p>
<p>What are your priorities in life? List the three things that are most important to you:</p> <p>1.</p> <p>2.</p> <p>3.</p>	<p>Do you have natural talents or aptitudes? What are they?</p>
<p>What are your favorite pastimes? List the activities you enjoy:</p> <ul style="list-style-type: none"> <li>➤ during your leisure time.</li> <li>➤ during time with family members.</li> <li>➤ while learning</li> <li>➤ while working at a job or volunteering in the community.</li> </ul>	<p>Describe the skills you have developed during your life.</p>

<p>Of the interests you listed, which might most influence your occupational choice?</p>	<p>Which are your strongest skills?</p>
<p>How would you describe your personality? Are you a “self-starter”?</p>	<p>What skills would you like to learn or improve? (Think about abilities such as speaking or writing, as well as physical abilities such as playing sports.)</p>
<p>Do you panic under pressure? Describe.</p>	<p>Based on the priorities, interests and skills you’ve identified, write a statement that describes what you think is the ideal career path for you.</p>