

# Blind Walk



**Introduction:** One student is blindfolded and then matched up with someone who can see. The blindfolded students are then lead on a walk by those who have their sight.

**Time:** 10 minutes to 2 hours, depending on level of challenge desired.

**Materials:** Blindfold for each pair of students. Create a map of where you want the leaders to take their blind partners (one for each). This activity works best if you can take the class outside.

## Directions:

1. Discuss with the students the importance of their senses. Today they are going to have to rely on the sense of hearing and the help of their partner as they have lost their sight.
2. Predetermine how your students will be partners.
3. Tell students the objective will be for one of them to be blind folded and then their partner will have to lead them on a predetermined destination. Hand out map of where the student is to take his/her handicapped partner.
4. Blow a whistle when you want the students to switch partners. Have them switch roles and repeat the activity. Tell the students that when to stop the activity and then return to the classroom to debrief.

## Debrief:

- How did it feel to not be able to see?
- What kinds of sounds did you notice outside?
- Could you tell where you were outside?
- What would it be like if you did not have the sense of sight?
- What other senses did you have to rely on to get through this activity?
- How much did you rely on communicating with your partner?
- Follow conversation with obstacles that they deal with in life.....

**Variation:** Find and Seek--the hidden object in the room using non verbal directions. One person finds objects based on rest of classes non verbal clues or blind fold a person and class gives verbal clues to find object.