

Team Skis

Introduction: With everyone's feet stuck to long strips of duct tape, travel as a unit from Point A to Point B.



Group size: 2 to 10 in a group

Materials: Duct tape; for each group, create two parallel lines (each 10 feet long) on the ground using duct tape. High Quality duct tape is needed! Also, significant space to move around is helpful.

Story:

While traveling through the Amazon jungle in search of a cure for cancer, your team has come across a mysterious 60 foot wide river filled with crocodiles. Luckily your guide has brought along two strips of magical duct tape which will allow your team to cross over the river without sinking. If the duct tape tears the magic disappears and you sink. Your challenge is to travel across the river. You must follow and obey the rules throughout the game.

Directions:

1. Feet must remain stuck to the duct tape from tip of shoe to heel.
2. No ripping of the duct tape.
3. Violation of a rule may result in penalty. Sample penalties include: can't verbally communicate for 2 minutes, must turn around and face backwards, must close eyes for 2 minutes, whenever you want to communicate verbally you must sing like an opera singer, whenever you talk you must speak backwards, the entire groups starts all over, the entire group does 5 pushups, etc.

Debriefing:

- Describe how leadership (either good or bad) affected the results of the activity.
- Describe something that pushed you outside of your comfort zone.
- How did your communication style affect the results of the exercise?
- What did you learn about your leadership style that will be helpful later?

Variations: Have the group work first in pairs, then in teams of 4 and then larger. Have every other person face backwards. Have the group travel to a set spot and then return to the starting point. Require the group to move sideways. Provide obstacles for the team to travel through (cones, doorways, tables.)