

E29-L1

<b>Competition</b>	<b>Core Competency:E29</b>	<b>Level 1, Introductory</b>
<b>Compete Successfully with Peers</b>		
<b>Time to complete: 180 minutes</b>		
<b>Objectives</b>	Upon completion of this lesson students will be able to: <ol style="list-style-type: none"> <li>1. Understand the purposes of competition.</li> <li>2. Compete with self or another in the accomplishment of a specified goal.</li> <li>3. Prepare for MCA Poster/Slogan and Banner Events.</li> </ol>	

<b>Cross Competencies</b>	C18 Follow directions G41 Apply critical thinking skills G47 Demonstrate techniques for building commitment by others
<b>Core Standards</b>	Career and Vocational/Technical Education: Content Standards 1 and 5 Workplace Competencies: Content Standards 2 and 4

<b>Materials in Lesson Plan</b>	<b>Other Supplies Required</b>	<b>Supplemental Resources</b>
<ul style="list-style-type: none"> <li>• E29L1HO1 What is Competition</li> <li>• E29L2ACT1 A Cents A Floating</li> </ul>	<ul style="list-style-type: none"> <li>• Straws, pennies, tape</li> <li>• Poster/Slogan Event-Competitive Events Manual</li> <li>• Poster boards for Poster Event</li> <li>• Chapter Banner Event-Competitive Events Manual</li> <li>• Supplies for Chapter Banner</li> </ul>	

<b>MCA</b>	<b>Portfolio Project</b>	<b>Guest Speakers</b>	<b>Program of Work</b>
<b>Civic Engagement</b>	<b>Indian Education for All</b>	<b>Career Pathways</b>	<b>Competitive Events</b>
Campaign for Kindness			Poster/Slogan Event Banner Event

<b>Suggested Instructional Approach</b>		<b>Notes</b>
<b>Introduction</b>	<p>Competition is a two-edged sword. Sometimes competition acts as an incentive--urging us to do better, to be successful, to achieve high performance. At other times it acts as a disincentive--making us fearful that we will not succeed, that we will not measure up.</p> <p>We compete in our daily lives, whether against ourselves or others. Specialists should strive to use competition in the Montana Career Association to provide a safe and supportive atmosphere for students to learn to compete for success. A person's attitude plays a large part in his/her success.</p>	
<b>Preparation</b>	<ul style="list-style-type: none"> <li>• Make copies of student handouts.</li> <li>• If you will be doing supplemental activities, make copies or arrange for the resource as needed.</li> </ul>	

<ol style="list-style-type: none"> <li>1. Hand out <u>E29L1Handout What is Competition</u> to all students help them develop and understanding of the meaning of competition.</li> <li>2. Present <u>E29L1ACT1 A Cents A Floating</u>. Have students complete worksheet that accompanies this activity.</li> <li>3. Hold group discussions after this exercise. Monitor progress of the students to ensure that they understand the competency has been achieved.</li> <li>4. Encourage your students to compete in the Poster/Slogan event at MCA. Have all students create poster and then determine the winning poster to submit at MCA conference.</li> <li>5. Encourage your class to create a banner for the MCA competition</li> </ol>	
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<b>Assessment</b>	Completion of activities and posters for Poster/Slogan Event as well as Chapter Banner.	
<b>Supplemental Activities</b>	<ul style="list-style-type: none"> <li>• Invite members or guest speakers to share personal experiences of competition (JMG, 4-H, sports, etc.) with other members of the class. Emphasis should be on the rewards of competition and the lessons learned.</li> </ul>	