

F33-L2

Academic Goals	Core Competency:F33	Level 2, Intermediate
Base decisions on values and goals		
Time to complete: 180 minutes		
Objectives	Upon completion of this lesson students will be able to: <ol style="list-style-type: none"> 1. Develop short- and long-term academic goals. 2. Develop a time line to reach goals 3. Develop an understanding of post secondary options 	

Cross Competencies	C18 Follow directions G41 Apply critical thinking skills G47 Demonstrate techniques for building commitment by others G54 Set and prioritize goals and establish a timeline for achieving them
Core Standards	Career and Vocational/Technical Education: Content Standard 3 Workplace Competencies: Content Standard 1 and 6

Materials in Lesson Plan	Other Supplies Required	Supplemental Resources
<ul style="list-style-type: none"> • F33L2HO1 Setting Goals • F33L2WS1 Making Your Own Goals • F33L2ACT1 Post Secondary Options 	<ul style="list-style-type: none"> • Paper, color pencils, crayons, markers 	<ul style="list-style-type: none"> • Montana Career Guide www.careers.mt.gov • www.values.com

MCA	Portfolio Project	Guest Speakers	Program of Work
		Have guidance counselor visit with students on timeline for meeting post secondary requirements	
Civic Engagement	Indian Education for All	Career Pathways	Competitive Events
School Service Project			Decision Making Critical Thinking

Suggested Instructional Approach		Notes
Introduction	<p>Goal setting is very powerful and can help students yield strong returns in all areas of their lives. Setting goals will help students see their achievements and give them confidence and self-belief that they can achieve higher and more difficult goals. As juniors and seniors, it is important for students to assess their academic success in order to make long-range education plans, i.e., if they intend to go to postsecondary school, do they have the necessary requirements to do so?</p> <p>Why would a person want to set goals? Goals help you choose where you want to go; they help with long-term vision and short-term motivation. Goals are a road map to achievement. They help to organize resources, reduce stress and provide better performance. Goals should be realistic so that they can be accomplished.</p>	
Preparation	<ul style="list-style-type: none"> • Make copies of student handouts. • If you will be doing supplemental activities, make copies or arrange for the resource as needed. 	

<ol style="list-style-type: none"> 1. Handout <u>F33L2HO1 Setting Goals</u>. Discuss with the students aids they can use in creating goals, the importance of goal setting and have them work through academic goals that they each have individually. 2. Handout <u>F33L2WS1 Making Your Own Goals</u> and have students complete. 3. Handout blank sheets of paper and supply students with color pencils, marker or crayons. Have students create a timeline of their academic goals. Have them start at pre-kindergarten and work their way through their post secondary education goals. Display goals on a bulletin board as a reminder. 4. Follow up with lecture/discussion on post secondary options for students: Traditional 4-year colleges or universities: public and private Tribal Colleges Technical Colleges/Community Colleges Other Post-Secondary Training Institutions Military 5. Divide students into 6 groups and have them complete <u>F33L2ACT1 Post Secondary Options</u>. 	Notes
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Assessment	Completion of activities	
Supplemental Activities	<ul style="list-style-type: none"> • Have students work together in pairs to develop some long-term goals for their JMG class. It sometimes helps to have a partner to think through the steps, benefits and obstacles. 	