

F35-L2

<b>Making Excuses</b>	<b>Core Competency:F35</b>	<b>Level 2, Intermediate</b>
Demonstrate ability to assume responsibility for actions and decisions		
Time to complete: 180 minutes		
<b>Objectives</b>	Upon completion of this lesson students will be able to: <ol style="list-style-type: none"> <li>1. Identify what excuses are</li> <li>2. Identify excuses and help them realize it is a valid reason.</li> <li>3. Develop a plan to stop making excuses.</li> </ol>	

<b>Cross Competencies</b>	C18 Follow directions G41 Apply critical thinking skills G57 Design and justify solutions by tracking and evaluation results H69 Demonstrate a willingness to accept responsibility for one’s own actions H79 Demonstrate the ability to learn from past experiences and others
<b>Core Standards</b>	Career and Vocational/Technical Education: Core Standard 3 Workplace Competencies : Content Standard 6

Materials in Lesson Plan	Other Supplies Required	Supplemental Resources
<ul style="list-style-type: none"> <li>• F35L2ACT1 Top 5 Excuses</li> <li>• F35L2PP1 How to Stop Making Excuses</li> <li>• F35L2ACT2 Circle</li> <li>• F35L2ACT3 Let Go Legos</li> <li>• F35L2HO1 Things to Teach About Apologizing</li> </ul>	<ul style="list-style-type: none"> <li>• Poster board</li> <li>• Markers</li> <li>• Access to computers for letter writing activity</li> </ul>	You Tube—Warhawk: Matt Scott and Motivational MJ

MCA	Portfolio Project	Guest Speakers	Program of Work
<b>Civic Engagement</b>	<b>Indian Education for All</b>	<b>Career Pathways</b>	<b>Competitive Events</b>
School Service Day	Circle		Decision Making Critical Thinking

<b>Suggested Instructional Approach</b>		<b>Notes</b>
<b>Introduction</b>	<p><b>Benjamin Franklin</b> said “<b>He that is good at making excuses is seldom good at anything else.</b>”</p> <p>Sometimes it helps psychologically and emotionally to make up a phony excuse for something. We may not want to reveal too much about ourselves (or a family member) to others, and will make up a phony excuse. Other times we will make excuses to help us feel better about behaviors which we are trying to justify. Or, the truth may simply be so embarrassing that we are unwilling to expose it to others.</p>	
<b>Preparation</b>	<ul style="list-style-type: none"> <li>• Make copies of student handouts.</li> <li>• If you will be doing supplemental activities, make copies or arrange for the resource as needed.</li> </ul>	

<b><u>Body</u></b>	<b><u>Notes</u></b>
<ol style="list-style-type: none"> <li>1. Handout <a href="#">F35L2ACT1 Top 5 Excuses</a> to each student. Instruct them to think about times when they have given excuses and have them write them on the worksheet.</li> <li>2. Show Warhawk Matt Scott in Nike “No Excuses” commercial found on YouTube.</li> <li>3. Also on YouTube Show Michael Jordan’s –Stop Making Excuses/Motivational MJ Commercial</li> <li>4. <a href="#">F35L2PP1 How to Stop Making Excuses</a>. Talk with the class about the points presented and how they can incorporate them in their daily decisions.</li> <li>5. <a href="#">F35L2ACT2 Circle</a>. This activity allows the class to become a community but also allows students to voice their concerns on issues.</li> <li>6. Hold group discussions after each exercise. Monitor progress of the students to ensure that the competency has been achieved.</li> </ol>	

<b>Assessment</b>	Completion of Activities	
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<b>Supplemental Activities</b>	<ul style="list-style-type: none"> <li>• As a class, have students write down goals that they want to achieve during the year in JMG.</li> <li>• Have students complete <a href="#">F35L2ACT3 Let Go Legos</a>.</li> <li>• Read through <a href="#">F35L2HO1 Things to Teach About Apologizing</a> and hold discussions with your students about apologizing.</li> </ul>	
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