

JMG/JAG Advantage- Trauma Informed Care

Why is Trauma Informed Care a part of the JMG/JAG Advantage Model?

- JMG/JAG is a natural resiliency model-
 - Builds relationships
 - Gives students voice and choice through PBL
 - Life skills
 - Coping and overcoming adversity
 - Resiliency skills

What is Trauma Informed Care?

- It is an intervention model that involves understanding, recognizing, and responding to the effects of all types of trauma
- Definition by the Substance Abuse and Mental Health Services Administration (SAMHSA)-
“**events or circumstances** experienced by an individual as **physically or emotionally harmful** or **life-threatening**, which result in adverse effects on the individual’s functioning and well-being.”
- **Components:** Creating a safe environment, building relationships and connectedness, and supporting and teaching emotional regulation
Examples: Sudden separation from a loved one, physical, social, or emotional abuse, childhood neglect, poverty and discrimination, and family members with a mental health disorder
- **Mechanisms by which adverse childhood experiences influence health and well-being throughout the lifespan:** (listed on a continuum from conception to death) Disrupted Neurodevelopment, Social, Emotional, and Cognitive Impairment, Adoption of Health-risk Behaviors, Disease, Disability and Social Problems, and Early Death

How does this impact the work we do in JMG/JAG?

- Provides tools and support for students to be successful in the workplace and school
 - Support others who have dealt with trauma
 - Support students to deal and cope with their trauma

Who is impacted when JMG/JAG is trauma informed?

- Student Selection
 - What do we already know about our students?
 - Interviews
 - Profiles
 - Referral Sources
 - How we provide support
 - Interview
 - Relationship

- Career Association Actives
- Relationship building/mentoring with specialists, peers, employers, and community partners
- Development of an Individual Employment Plan is a key in showing students the positive outcomes they are making through JMG/JAG
 - Designed to support students in overcoming challenges
 - Develop a pathway to their future
 - Achieve goals
- Model Services records all the resiliency building that is happening in and out of the classroom
 - Individual mentoring
 - Student Advocacy
 - Skills building
- Student behavior (in and out of school)
 - What strategic interventions can JMG/JAG give to assist in reducing behaviors related to trauma
 - Project Based Learning
 - Work Based Learning
 - Mentoring
 - Competency mastery
 - Performance-based assessment
 - Belonging through JMG/JAG membership
 - Service Learning
 - Desired Outcomes
 - Confident
 - Belonging
 - Useful
 - Connected
 - Potent
 - Hope